



Junior Farmers' Notebook



A little bit about your notebook

You probably already know that good recording is an important part of dairy farming. Perhaps you have seen your family using MINDA® to record events that happen on farm.

To encourage farmers of the future (like you) we have created this junior farmers' notebook.

One day you may have a farm or a herd of your own. In the meantime, you can learn a lot - and have fun at the same time - by learning to record information accurately and regularly in your own notebook.

We'd like to see your notebook when you have finished with it! On the back page you may even like to make some suggestions for improvement.

If you send us your notebook before 31 October, we will send you a certificate!

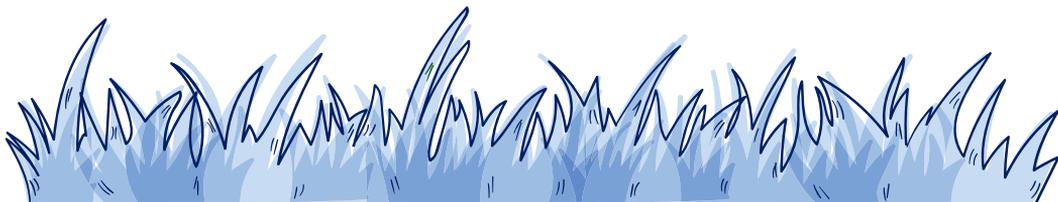
We will also choose three winning junior farmers. They will win prize packs for completing their notebooks to a very high standard.

Get an adult to scan a copy of your notebook and email it to:

socialmedia@lic.co.nz

Or you can post it to:

LIC Marketing Team
Private Bag 3016
Hamilton 3240



This notebook belongs to: _____

Age: _____ Our participant code: _____

Address: _____

Phone number: _____



Draw or attach a picture of yourself here

Where do you live?

On this map of New Zealand mark the place where your farm is with a cross and write "My farm" beside it.

If you have lived on a farm in other places, mark those places with crosses and write 1 (for your first farm), 2 (for your second farm), etc. beside them.



My farm

Tell us a few facts about your farm.

1. Number of milking cows _____
2. Breed(s) of cows on your farm _____
3. The herd breeding worth (BW) _____
4. The herd production worth (PW) _____
5. Our herds recorded ancestry is _____ %
6. Our farm is _____ hectares.
7. Our farm has _____ paddocks.
8. Our farm has a _____ (type of shed)
with _____ sets of cups.
9. My favourite thing about living on a farm is _____



My calf / lamb / goat

If you are rearing a calf, lamb or goat at home, tell us a bit about them!

What type of animal are you rearing? Circle one.

Calf

Lamb

Goat

Animal name _____

Birth date _____

If you are rearing a calf, let us know these details too:

Breed _____

Lifetime ID _____

Sire (including bull code) _____

Dam _____

Breeding worth (BW) _____

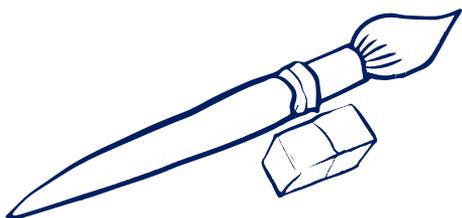


Tips for rearing your calf

1. If you are choosing your own calf, pick a healthy animal - a shiny soft coat is a good sign.
2. Feed your calf regularly to make friends with it and gain its trust.
3. Pet your calf often and talk to it so it gets used to your voice.
4. Walk your calf from 2-3 weeks old to get it used to being handled (it will be too young to walk before that)
5. Make sure the halter is not left on all the time, it will cause rubbing damage. As the calf grows, it will need a bigger halter.
6. Use a cover to keep your calf warm and keep its coat shiny. Be sure to take the cover off on sunny days so the calf can groom itself.
7. Use a larger cover as your calf grows bigger.
8. Get your calf used to being tied to a post but make sure it can't become tangled in its lead!
9. When walking your calf, put your right hand on the part of the lead nearest its head. Don't have the lead too long so that it will trip one of you!
10. Groom your calf regularly with a brush. Remember to brush all of its body, not just its back. Brush under its legs, stomach and tail to remove loose hair.
11. Make sure your calf has access to plenty of food and water.
12. Pay attention to health and hygiene - your own and your calf. Be sure it gets the same health measures as the other calves. Wash your hands after feeding, grooming and petting your calf.

**We have lots of other tips on our website www.calfclub.co.nz.
Go check them out!**

Draw a picture of your calf / lamb / goat here



Helping on the farm

What is your favourite job on farm? _____

Why? _____

Over the next three pages record three farm jobs you have done (favourite or not!), and write a little about what you did.

Perhaps you fed the calves, ear tagged them, milked, helped with fencing, haymaking or herd testing?

We'd love to hear about them!



Helping on the farm: Job 1

Date:

Job (brief description) _____

How much time did it take? _____

What did you do?(in more detail) _____

Why is it an important job? _____

What did you like about it? _____

Is there anything you did not like about it? _____

Important facts _____

Helping on the farm: Job 2

Date:

Job (brief description) _____

How much time did it take? _____

What did you do?(in more detail) _____

Why is it an important job? _____

What did you like about it? _____

Is there anything you did not like about it? _____

Important facts _____

Helping on the farm: Job 3

Date:

Job (brief description) _____

How much time did it take? _____

What did you do?(in more detail) _____

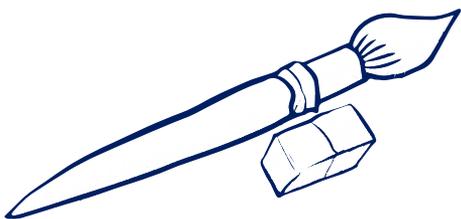
Why is it an important job? _____

What did you like about it? _____

Is there anything you did not like about it? _____

Important facts _____

Draw a picture of one of the jobs you did



Know where danger lurks

Write down all the health and safety hazards you can think of on your farm - talk about them with your parents or other adults on the farm. Say where each hazard is.

Water hazards (rivers, ditches, troughs, ponds). For example: ditch by the main road.

1. _____

2. _____

3. _____

Animal / livestock hazards. Are there any occasions when you should be more careful than usual?

1. _____

2. _____

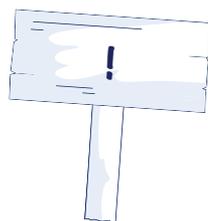
3. _____

Machinery, vehicle and electrical equipment hazards. For example: the milk tanker.

1. _____

2. _____

3. _____





Let's improve your notebook together

What things would you like included in your junior farmer notebook, is there something we have missed?

Are there any things in your junior farmer notebook that you don't like and why?
